

## **Curriculum Vitae**

### **Philip A. Young, M.D.**

Facial Plastic Surgeon  
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Bellevue, WA 98004  
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## **EDUCATION**

2004-2005 **Fellowship** Facial Plastic and Reconstructive Surgery Louisiana State University Health Science Center, Shreveport, LA Fellowship Director: Fred Stucker, M.D.

**2003-2004 Chief Resident Otolaryngology** – Head and Neck Surgery  
University of Southern California at Los Angeles, CA

1999-2004 **Residency** Otolaryngology – Head and Neck Surgery  
University of Southern California, Los Angeles, CA

1995-1999 **Medical School** Doctorate of Medicine Tulane University, New Orleans LA

-Alpha Omega Alpha – Medical Honor Society

-Recipient of McGraw-Hill Award: awarded to top two students in 1<sup>st</sup> 2 years in medical school

1989-1995 **Undergraduate** Bachelors of Science in Molecular and Cell Biology  
University of Washington, Cum Laude

## **BOARD CERTIFICATIONS**

### **American Board of Otolaryngology-Head and Neck Surgery**

Date of certification: 6/01/05, Date of expiration 6/30/25

### **American Board of Laser Surgery**

Date of certification: 9/19/11, no expiration

## **HONORS & AWARDS**

**Sir Harold Delf Gillies Award 2005:**

Awarded for Best Basic Science Research Fellowship Paper granted by the American Academy of Facial Plastic and Reconstructive Surgery.

**Alpha Omega Alpha 1997** – Medical Honor Society:

**McGraw-Hill Award 1996**, Tulane University:

Award for outstanding academic achievement for top two students in medical school class.

**Chinese American Scholarship 1995:**

Awarded to top student of Chinese descent for second year of medical school.

**(NIH) National Institutes of Health Scholarship Award 1994:**

Research on the algae *Acetabularia acetabulum* at the University of Washington.

## **PUBLICATIONS**

Sinha U, Young P, Hurvitz K, Crockett D. Functional outcomes following palatal reconstruction with a folded radial forearm free flap. *ENT* January 2004, volume 83: 45-48.

Circles of Prominence: A New Theory on Facial Aesthetics. Philip A. Young; Uttam Sinha; Dale H. Rice; Fred Stucker. *Arch Facial Plast Surg*. 2006;8:263-267. Received Sir Harold Delf Gillies Award 2005 by American Academy of Facial Plastic and Reconstructive Surgery for best basic science research among academy fellows.

Young PA, Rice DH. Management of a Type II Nasoethmoid Orbital Fracture and Near Penetration of the Intracranial Cavity with Transnasal Canthopexy. *ENT* June 2007. vol 86, number 6 344-347, 360.

Philip A Young. Circles of Prominence: A New Theory on Facial Aesthetics. Jan 2007 *Cosmetic Surgery Times*.

Young PA. (2009) Management of the Crooked Nose Deformity. In FJ Stucker, C de Souza, GS Kenyon, TS Lian, W Draf, B Schick (eds.) *Rhinology and Facial Plastic Surgery* Chapter 72 (pp 769-780). Springer.

Young PA. (2009) Concepts of Facial Beauty. In FJ Stucker, C de Souza, GS Kenyon, TS Lian, W Draf, B Schick (eds.) *Rhinology and Facial Plastic Surgery* Chapter 78 (pp 819-830). Springer.

Young PA. Revision Otoplasty. In Shiffman MA (eds.) Advanced Cosmetic Otoplasty: Art, Science, and New Clinical techniques. Springer 2013, chapter 55 pp. 543-553.

Philip Young, Michelle Fisher, Jamie Segel, Fred Stucker, Adam Becker and Achih Chen. Treatment of Large Keloids With Secondary-Intention Healing. American Journal of Cosmetic Surgery Sep 2013, Vol. 30, No. 3 (September 2013) pp. 193-199

Young PA. The Circles of Prominence: Ideal Ratios That Determine the Basis of Facial Beauty. American Journal of Cosmetic Surgery Mar 2015, Vol 32 pp. 24-30.

Young PA. The Circles of Prominence, A New Theory on Beauty: Ideal Distances in the Eyes, Nose, Ears, Lips. American Journal of Cosmetic Dec, 2016, Vol 33(4) pp. 165-175.

Young PA. Circles of Prominence New Theory on Facial Beauty: Ideal Dimensions of the Ears, Nose, Lip. Archives of Facial Plastic and Reconstructive Surgery. Accepted for publication 10/4/18.

Young PA. Assessment of Ideal Dimensions of the Ears, Nose, and Lip in the Circles of Prominence Theory on Facial Beauty. Archives of Facial Plastic and Reconstructive Surgery. Feb 14, 2019.

## **RESEARCH**

**College:** Research on the cell biology of *Acetabularia acetabulum* in which I concentrated on the effects of blue light on the morphogenesis of tip maturation and reproduction. I received a grant funded through the NIH for a one-year research position, it was given to me as a scholarship to work in the department of Molecular and Cellular Biology at the University of Washington.

**Medical school:** Research with the Department of Pathology at Tulane University Medical School. My work concentrated on the expression of Fas antigen and Fas Ligand mRNA in eukaryote cell lines. The research included extensive lab work consisting of using rt PCR techniques, SDS electrophoresis and computer analysis of mRNA folding. My work has been presented at a number of different meetings. Dr. Wai Choi Leung, my mentor during this project, is still formulating a paper using this research.

**Residency:** Research with Dr. Yi-Hsin Liu BS, PhD during the 2003-2004 year studying the events governing craniofacial growth employing

immunohistochemical techniques identifying SMAS protein products in embryonic mice anterior frontal sutures.

**Fellowship and Beyond:** Facial Beauty and the study of the elements that define all aspects of beauty within the face. I have published 3 peer reviewed journal articles the last one being **Young PA. Assessment of Ideal Dimensions of the Ears, Nose, and Lip in the Circles of Prominence Theory on Facial Beauty. Archives of Facial Plastic and Reconstructive Surgery. Feb 14, 2019.**

## **Academic Appointments**

Committee member for the American Academy of Facial Plastic and Reconstructive Surgery (2006-2008):

- Public Information Committee
- Young Physicians Committee
- Face to Face Committee
- Research Committee

## **Work Experience:**

2005-2006: I worked in Santa Rosa Memorial Hospital as lead Head and Neck Trauma Surgeon for their level II trauma center.

2006-2008: I worked as the Primary Surgeon at the Seattle Lifestyle Lift Office.

2008-to date: I have been self employed at my own practice in Bellevue Washington.

## **Associations:**

Sigma Phi Epsilon fraternity  
American Academy of Otolaryngic Allergy (AAOA)  
American Academy of Facial Plastic and Reconstructive Surgery  
Alpha Omega Alpha Honor Society  
American Rhinological Society  
American Academy of Otolaryngology – Head and Neck Surgery  
Department Representative of the Joint Counsel of Interns and Residents (JCIR) through which I obtained greater than \$100,000 worth of funding for our department in 2001-2002.

Sonoma County Medical Association member

## **Courses:**

April 27-29, 2001: Basic course on Otolaryngic allergy by the American Academy of Otolaryngic Allergy in Dallas, Texas.

January 11, 2002: Lumenis sponsored course on "New Advances in Laser Technology and Facial Plastic and Reconstructive Surgery" Pasadena, California.

March 14, 2002: Lumenis sponsored course on "Basic Course in Laser Principles, Safety and Use in the Clinical Setting" at Los Angeles County.

September 2002: San Diego Fall Meeting of the American Academy of Facial Plastic and Reconstructive Surgery.

September 2004: New York Meeting of the American Academy of Facial Plastic and Reconstructive Surgery. Scientific general session, endoscopic upper/midface part I, II, aesthetic surgery for the aging face part II.

January 29-February 2, 2005: Dallas Foundation of Otology, Surgical Anatomy and Temporal Bone Dissection Course.

August 12, 2005: Palomar Intense Pulse Light and Laser Course. San Francisco, California. Sponsor Greg Bonnefield

September 17, 2005: Latest Trends in Non-invasive Aesthetic Procedures and Techniques. Walnut Creek, California.

September 2007: American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting in Washington DC. Scientific general session, Cadaver Course

June 16, 2009. Advances in Rhinoplasty. Seattle, Washington.

September 21-26, 2010: American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting in Boston, Massachusetts, Scientific general session.

September 8-11, 2011: American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting in San Francisco, California, Scientific general session.

May 8-11, 2013: American Academy of Facial Plastic and Reconstructive Surgery, Advances in Rhinoplasty. Chicago, Illinois.

October 29, 2013. American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting. New Orleans, Louisiana.

June 17<sup>th</sup>-22<sup>nd</sup>, 2014: 10<sup>th</sup> Annual Multi-Specialty Foundation's Vegas Cosmetic Surgery 2013 June 26-30<sup>th</sup> at The Bellagio.

August 8, 9, 2014: Implantech presents Advanced Techniques Using Facial Implants Program, Medical Innovations & Training Institute. 1534 W. Warm Springs Road, Henderson, NV 89014

February 15-18<sup>th</sup>, 2015: American Brazilian Aesthetic Meeting. February 15-18, 2015 Park City Marriott, Park City, Utah USA.

June 10-14<sup>th</sup>, 2015. 11<sup>th</sup> Annual Vegas Cosmetic Surgery and Aesthetic Dermatology Meeting. Las Vegas, Nevada.

July 5, 2015. Non-verbal communication. University of Texas, MD Anderson Cancer Center.

July 4, 2015. Crossroads managing difficult patient encounters and effective communication skills. University of Texas, MD Anderson Cancer Center

Sept 28, 2015. Culture of Safety Course. Swedish Hospital Issaquah, WA.

October 1-3<sup>rd</sup>, 2015: American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting at the Sheraton Dallas Hotel, Dallas, Tx.

Oct 29-31, 2015 University of San Diego PACE (Physician Assessment and Clinical Education Program) Physician – Patient Communication. Medical Record Keeping Course 17 AMA Category 1 CME credits. San Diego, California.

Nov 7-8, 2015. Rocky Mountain Sedation 2 day course. 16 Comprehensive Sedation Specific CE Credits. Scottsdale, AZ.

June 7-11<sup>th</sup>, 2017. 13<sup>th</sup> Annual Vegas Cosmetic Surgery and Aesthetic Dermatology Meeting. Las Vegas, Nevada.

June 6-10<sup>th</sup>, 2018. 14<sup>th</sup> Annual Vegas Cosmetic Surgery and Aesthetic Dermatology Meeting. Las Vegas, Nevada.

August 3-5, 2018. Portland Rhinoplasty Course. Portland, Oregon.

October 15-18, 2018. AAFPRS 2018 12<sup>th</sup> International Symposium of Facial Plastic Surgery Sheraton Dallas Hotel. Dallas, Texas.

April 4-7, 2019. AAFPRS 2019 Annual Rhinoplasty Course. Disney Coronado Hotel. Orlando, Florida

## **Presentations:**

Peripheral T Cell Lymphoma: A NK Cell Variant of Nasal lymphoma. Grand Rounds at LA County / USC Department of Otolaryngology, July 13, 2001.

Posterior Glottic Stenosis. Grand Rounds at LA County / University of Southern California, Department of Otolaryngology, January 4, 2002.

Basal Cell Carcinoma of the Eyelid. Grand Rounds at LA County / University of Southern California, Department of Otolaryngology, October 25, 2002.

The Use of a Fibular Free Flap with Acellular Human Dermal Matrix (Alloderm) in Oromandibular Reconstruction: Southern Chapter of the American College of Surgeons, Four Seasons Santa Barbara, California January 24-26, 2003.

The Use of a Fibular Free Flap with Acellular Human Dermal Matrix (Alloderm) in Oromandibular Reconstruction: 87<sup>th</sup> Annual Meeting June 20-24, 2003 of the Pacific Coast Oto-Ophthalmological Society, San Diego, California.

Functional Nasal Surgery. Grand Rounds at Los Angeles County / University of Southern California, Department of Otolaryngology, October 10, 2003.

The Use of a Fibular Free Flap with Acellular Human Dermal Matrix (Alloderm) in Oromandibular Reconstruction: Southern Chapter of the American College of Surgeons, Four Seasons Santa Barbara, California, January 16-18, 2004.

Anesthesia Management of Microvascular Free Flaps; Presentation of a New Algorithm: Southern Chapter of the American College of Surgeons, Four Seasons Santa Barbara, California, January 16-18, 2004.

Young P, Rice D, Sinha U, Stucker F. New Theory on Facial Aesthetics: Circles of Prominence. Combined Otolaryngology Scientific Meeting. Boca Raton, Florida. Boca Raton Resort and Club, May 13-15, 2005.

Facial Beauty: Relevance, Current Theories And a Novel Hypothesis;The Circles of Prominence. Grand Rounds at Louisiana State University School of Medicine. May 31, 2005

Facial Beauty and Plastic Surgery Today: October 2005 Radio Talk Show KSRO, Santa Rosa California.

Asian vs Occidental Eyelid Anatomy: October 13-22, 2006 Face to Face Mission to Ho Chih Minh and Hue, Vietnam to help women of domestic violence and cleft lip and palate.

Asian Blepharoplasty: October 13-22, 2006 Face to Face Mission to Ho Chih Minh and Hue, Vietnam to help women of domestic violence and cleft lip and palate.

Mandible Fractures: October 13-22, 2006 Face to Face Mission to Ho Chih Minh and Hue, Vietnam to help women of domestic violence and cleft lip and palate.

Young P, Mercado N, Lyons H. Circles of Prominence: Ideal Ratios that Determine that Basis of Facial Beauty. American Academy of Facial Plastic and Reconstructive Surgery, Fall Meeting. Sept 15-19, 2007. Washington DC

Asian Blepharoplasty: October 9-18, 2008 Face to Face Mission to Linyi, China to help women of domestic violence and cleft lip and palate.

Minifacelift: My experience with over 1100 patients: October 9-18, 2008 Face to Face Mission to Linyi, China to help women of domestic violence and cleft lip and palate.

Face Lift | Mini Face Lift: Nov 11-17,2013 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Rhinoplasty: Nov 11-17,2013 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Asian Blepharoplasty: Nov 11-17,2013 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Asian Rhinoplasty: October 25-Nov 2, 2014 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Asian Blepharoplasty: October 25-Nov 2, 2014 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Facial Beauty: October 25-Nov 2, 2014 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.



Laser Resurfacing, Dermabrasion, Chemical Peel in the East Asian Clientele: October 25-Nov 2, 2014 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Microtia: Medpor Reconstruction. October 25-Nov 2, 2014 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

New Theory on Facial Beauty: Ideal Dimensions in the Face and Its Application to your Practice: American Brazilian Aesthetic Meeting. Park City Marriott, Park City, Utah USA, February 15-18<sup>th</sup>, 2015.

Circles of Prominence, New Theory on Facial Beauty: Ideal Dimensions of the Ears | Nose | Lips. AAPRS Fall Meeting 2015, October 1-2, 2015. Sheraton Dallas Hotel, Dallas, Tx.

Circles of Prominence, New Theory on Facial Beauty. October 8-12, 2017 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Microtia and the Use of Porour Polyethylene Medpor. October 8-12, 2017 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Rhinoplasty Revision. October 8-12, 2017 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Asian Blepharoplasty. October 8-12, 2017 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Asian Rhinoplasty. October 8-12, 2017 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Chin Implant. October 8-12, 2017 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

Facial Fat Grafting. October 8-12, 2017 Face to Face Mission to Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

## **Examinations:**

2001 Otolaryngology Training Examination:

Scaled Score Total: 6.32

2002 Otolaryngology Training Examination:

Scaled Score Total: 7.08

Group Percentile Rank: 95%  
National Percentile Rank: 92%  
2003 Otolaryngology Training Examination:  
Group Percentile Rank: 95%  
National Percentile Rank: 96%  
2004 Otolaryngology Training Examination:  
Scaled Score Total: 7.21  
Group Percentile Rank: 90%  
National Percentile Rank: 94%<sup>200</sup>

## **Volunteer work:**

1994-1995 volunteer at the University of Washington Medical Center.

1994-1995 Special Olympics Volunteer, Seattle, Washington.

1994-1995 Activities Coordinator for Alzheimer patients at a local Seattle Nursing Home.

1993-1995 Youth counselor for Evangelical Church of Christ, Seattle, Washington.

1994-1995 Ki On Nursing Home Volunteer: participated in rehabilitative activities for the elderly, in association with the Chinese Student Association at the University of Washington.

1995-1996 Secretary for the Chinese Student Association at the University of Washington.

1998-1999 Coaching inner city kids of New Orleans in soccer.

2003-2004 Guest speaker for Career Days at Macy Intermediate School.

2003-2004 Revlon Walk/Run to support research in cancer for women.

July 2004 Firecracker 5K Healthwalk/run Shreveport, Louisiana.

2004-2005 Revlon Walk/Run for Women's Cancer Research

2005 Volunteer at the Kaiser Permanente 10<sup>th</sup> Annual International Dragon Boat Festival San Francisco, California.

2006 Face to Face International Mission to help women who suffered from domestic violence and children with congenital anomalies. Ho Chi Minh City and Hue, Vietnam. October 14-22, 2006.

2008 Face to Face International Mission to help women who suffered from domestic violence and children with congenital anomalies. Linyi, China. October 9-18, 2008.

2011 Big Climb. March 20, 2011. To benefit the Leukemia and Lymphoma Society held at the Columbia Tower Downtown Seattle.

2011 Susan G Komen Walk / Run for the Cure for Breast Cancer. June 5<sup>th</sup> 2011. Seattle Center.

2013 Face to Face International Mission to help women who suffered from domestic violence and children with congenital anomalies. Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

2014 Face to Face International Mission to help women who suffered from domestic violence and children with congenital anomalies. Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

2017 Face to Face International Mission to help women who suffered from domestic violence and children with congenital anomalies. Ho Chi Minh City, Vietnam to help women of domestic violence and cleft lip and palate.

## **Languages:**

Chinese conversational and moderate level in medical mandarin Chinese  
Spanish medical conversational speech

## **Medical Missions:**

October 14-22, 2006: Face To Face Humanitarian Medical Mission to Vietnam.

October 9-18, 2008: Face To Face Humanitarian Medical Mission to Linyi, China.

November 9-18, 2013: Face To Face Humanitarian Medical Mission to Vietnam.

October 25-Nov 2, 2014: Face To Face Humanitarian Medical Mission to Vietnam.

October 8-12, 2017: Face To Face Humanitarian Medical Mission to Vietnam.